## Profile

## Dr. Abdul Bari Khan

Chief Executive Officer, Indus Hospital & Health Network





## **Membership of Professional Bodies**

- Member, Sindh Chief Minister Task Force for COVID
- Member, Corona Emergency Fund
- · Member, Pakistan Society of Surgeons
- · Member, Pakistan Society of Cardiovascular & Thoracic Surgeons
- · Member, Pakistan Medical Association Karachi
- · Member, Sindh Madressa-tul-Islam University
- · Ex-chairman, Board of Governors, Peshawar Institute of Cardiology
- · Ex-member, Prime Minister Health Task Force
- · Ex-member, Policy Board Drug Regulatory Authority of Pakistan
- · Ex-member, Senate Federal Urdu University of Arts & Technology



Hailing from a middle-class family, Dr. Abdul Bari Khan graduated from Dow Medical College in 1986. He received a fellowship in Cardiac Surgery from the College of Physicians and Surgeons Pakistan in 1995.

He became a member of the Civil Hospital's Patients Welfare Association while studying. During his residency at the National Institute of Cardiovascular Diseases (NICVD), he saw the condition of Sindh's only public sector cardiac surgery center. There were two operation theatres and a 10-bed ICU, which was insufficient to train the eight residents at the institute, resulting in a year-long waiting list of patients.

The dire situation at NICVD compelled him to take action. He started fundraising to add two more operation theatres and ten more beds to the existing ICU. The expansion resulted in better training facilities for current and future residents and a shorter waiting list for the patients.

Dr. Abdul Bari Khan also worked to establish the Civil Hospital's Emergency Department and participated in the establishment of the Blood Center and a free Diagnostic Center. His career at the Civil Hospital allowed him to steer his efforts in this new direction.

The year 1986 was a turning point in his life. The aftermath of the bomb blasts at Bohri Bazar, Karachi, and its victims' miseries was prevalent all over, with the suffering exacerbated due to the lack of beds and almost non-existent casualty ward in public hospitals.

## **Awards & Honors**

Honorary Doctorate
Hamdard University

Honorary Doctorate

Muhammad Ali Jinnah University

- Honorary Doctorate Greenwich University

Fellow
Eisenhower Fellowships

Achievement Award
Pakistan Chambers of Commerce
& Industry.

- Proud Humanity Award Consumer Rights Protection Council

Gold Medal

Lifetime Achievement Award Management Association of Pakistan

The Federation of Pakistan Chambers of Commerce & Industry

Asian Leadership Award
Asian Association of Management
Organizations

Along with his friends and colleagues, he worked to collect donations and established a well-equipped Casualty Ward at the Civil Hospital — one of the largest public hospitals in Karachi. He also played an instrumental role in establishing a Cardiac Surgery ward along with an operation theatre and an ICU.

In 1999, after completing his FCPS, Dr. Abdul Bari was commissioned as an Assistant Professor of Cardiac Surgery. He later became a Professor and the Head of the Cardiac Surgery Department at the Civil Hospital, Karachi.

When he first joined the Civil Hospital, there was no Cardiac Surgery Department. To counter this, he formed a group, 'Friends of Cardiac Surgery,' and, in just two years, the group raised PKR 30.5 million. The group also established the Department of Cardiac Surgery in 1998, which served as the model Cardiac Surgery Center of the country, providing free-of-cost cardiac surgery to needy patients. Dr. Abdul Bari was the first Cardiac Surgeon of the Government of Sindh. It was the first Department of Cardiac Surgery of the province, and it was established without Government support.

In 2005, the Cardiac Surgery Residency program was started at the Civil Hospital. In parallel, in 2004, the management of the then Islamic Mission Trust contacted him to manage a hospital in Korangi. After joining hands with them in 2007, Dr. Abdul Bari embarked upon a journey that would soon define his life – the establishment of The Indus Hospital.

Changing the paradigm of healthcare provision in Pakistan, The Indus Hospital has now evolved into the Indus Hospital & Health Network (IHHN). The Network is currently managing 13 hospitals across Pakistan, of which the Network owns five while eight are being run and managed under Public-Private Partnerships. It also runs public health and community-based programs across the country.